

FILL EACH DAY WITH
GRATITUDE

date:

3 things I appreciate about a person:

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3 things I appreciate about a place:

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3 things I appreciate about an object:

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.....

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A few more things I really appreciate:

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A few more things I really appreciate:

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weekly GRATITUDE journal

date:

MON

TUE

WED

THU

FRI

SAT

SUN

weekly **GRATITUDE** journal

date:

MON

TUE

WED

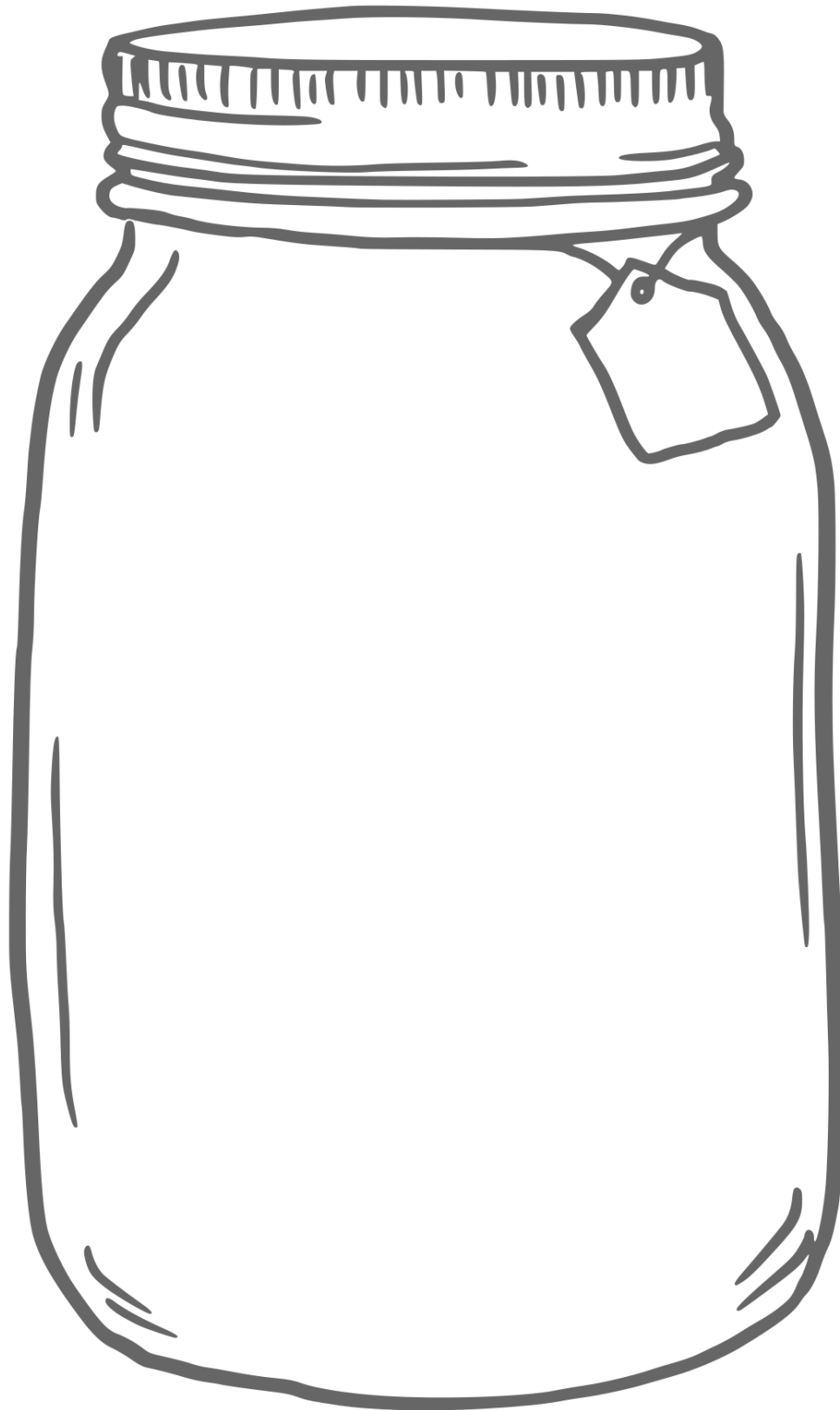
THU

FRI

SAT

SUN

the GRATITUDE jar



the GRATITUDE jar

